

Talk of the Township

Your St. Charles Township Newsletter Exclusively for Township Residents

Did you know... History and Facts of Township Cemeteries

There are six cemeteries covering approximately 45 acres that are owned and maintained by your St. Charles Township.

- Union and North Cemeteries, located on the 1200 block of 5th Avenue (north of Main Street) next to and across from Bethlehem Lutheran Church.
- South Cemetery, located on 7th Avenue (south of Main Street) across from Langum Park. This cemetery is closed to new burials.
- Little Woods Cemetery, located on the corner of Dunham and Stearns Roads.
- Prairie Cemetery, located on Crane Road between Bolcum and Silver Glen Roads.
- Round Grove Cemetery, located in the Royal Fox subdivision between Dunham and Kirk Roads. This cemetery is also closed to new burials.

South Cemetery is the oldest of the six, which includes graves of the founding families of St. Charles and Civil War soldiers and dates to 1815.

Round Grove Cemetery is the newest acquired cemetery. It was "discovered" when the Royal Fox development was built in 1997. According to the Find a Grave website, it was first known as 'Laughlin Burial Ground' and is listed as being on Mosely Lane on the former property of the Mosely farm. According to an entry in USGenweb archive entry, most of the remains and headstones were moved to North and Union cemeteries. At this point, the total number of remaining burials is believed to be 10 sites.

The St. Charles Township cemetery crew has 4 fulltime employees, a part-time office administrator and in the summer 3 additional seasonal employees. They maintain all properties all year long. In addition to the maintenance work, they sell grave sites and open and close graves. The office is located at Union Cemetery at 1206 N. 5th Avenue.

For more information on these cemeteries and other fascinating history facts, visit **www.stcmuseum.org.**

Interested in Genealogy?

In addition to the St. Charles History Museum, here are some resources for your searches:

www.findagrave.com claims to be the world's largest grave site collection and is free to join and search.

Try **www.USgenweb.org**. This is another free search site for researching ancestry.

Or search the archives of **www.usgwarchives.net**.

See the next page for information on the latest addition to Union Cemetery, the beautiful Columbaria.

Cemetery General Guidelines:

- Cemeteries are open from dawn until dusk.
- The Cemetery Office is open from 7am to 3:30pm Monday through Friday, except on Township holidays.
- Shepherds hooks must be removed by November 1 of each year.
- Winter decorations may be placed on graves beginning November 1 and may remain until the following March 1, after which all such decoration will be removed as soon as weather permits. If these are to be kept for future use, they must be removed and cared for before March 1.

For a full list, see Cemetery Rules & Regulations at:

www.stcharlestownship.org/index.php/cemetery/general-information

For a map of the cemeteries, go to www.stcharlestownship.org/wp-content/uploads/2011/05/map.pdf

The Columbaria at Union Cemetery

The newest addition to St. Charles Township Cemeteries is the Columbarium at Union Cemetery, 1206 N. 5th Avenue. Please feel free to stop by and view a beautiful picturesque setting for the internment of cremains.

There is a one-time charge for the niche and opening/closing to intern up to 2 urns. The only other cost will be for the engraving of the marble front.Please contact the cemetery office for a brochure, more information or to purchase a niche at 630-584-8699. For a brochure and price list, you may also stop by the Township Office at 1725 Dean Street, St. Charles.





1725 Dean Street St. Charles, IL 60174

Supervisor's Office: 630-584-9342 8am - 3:30pm

Assessor's Office: 630-584-2040 8am - 3:30pm

Road District Office: 630-584-3496 8am - 3pm

Cemetery Office: 630-584-8699 7am - 3:30pm

Elected Officials

Ron Johnson	Supervisor
Terry Cross	Clerk
Steve Frohling Highwa	y Commissioner
Diane Hemmingsen	Assessor

Township Trustees

Jeff Jerdee Jerry Swanson Mary Lynn Swanson Todd Wallace

Township Office Hours

Supervisor's Office 8am to 3:30pm • Monday through Friday

Road District Office 8am to 3pm • Monday through Friday

Assessor's Office 8am to 3:30pm • Monday through Friday

> Kane County Sheriff Non-emergency: 630-232-6840 EMERGENCY: 911

> Kane County Animal Control 630-232-3555

> Kane County Environmental 630-208-3841

Fox River & Countryside Fire/Rescue District 630-584-3473

Township Board Meetings

All Town Board Meetings are held on the second Wednesday of the month and begin at 7pm at the Township Offices in the Donald E. Scheib Hall on Dean Street.

Cemetery Board of Trustee meetings are held quarterly on the first Wednesday of the month for March, June and September.

NOVEMBER

3 Daylight Saving Time Ends (Fall back 1 hr.)
11 ... CLOSED — Veterans Day
13 @ 6:30pm — Public Hearing/Adopt Levies
13 @ 7pm — Town Board Meeting
28-29.......CLOSED — THANKSGIVING

DECEMBER

4 @ 7pm — Cemetery Board Meeting
11 @ 7pm — Town Board Meeting
24-26 CLOSED — Winter Holiday
31 ... 1/2 Day CLOSED — New Year's Eve

JANUARY 2020

1 CLOSED — NEW YEARS DAY 8 @ 7pm — Town Board Meeting

FEBRUARY

12 @ 6:30pm — Budget Hearing 12 @ 7pm — Town Board Meeting

MARCH

4 @ 7pm — Cemetery Board Meeting 11 @ 7pm — Town Board Meeting

APRIL

8 @ 7pm — Town Board Meeting 14 @ 7pm — ANNUAL Town Meeting

MAY

13 @7pm — Town Board Meeting 25 ... CLOSED — Memorial Day

JUNE

3 @ 7pm — Cemetery Board Meeting 10 @ 7pm — Town Board Meeting

Township Includes Local Youth at Annual Town Meeting this Past April

The Annual Town Meeting was held at Donald E. Scheib Hall at 7pm on April 9, 2019. The Moderator for our meeting was Emily Larry, an 18 year old government class senior from St. Charles East High School.

The Annual Town Meeting, by Illinois State Statute, is held after 6pm on the second Tuesday in April every year. This statute was established in 1850. It is held by all 1,400 Illinois Townships on that day. The Annual Town Meeting is an opportunity for residents who are registered to vote (electors) of St. Charles Township to have a voice in all matters discussed and vote on any agenda items presented during that evening.

Any new agenda items relevant to the powers granted to the township must be requested by a group of 15 registered voters and presented to the Township Clerk by March 1. The Moderator is elected by the attendees of the meeting.

This year we had 20-25 constituents. Emily did an excellent job running the meeting and keeping everything under control.

Township government is the oldest form of government in North America. The Declaration of Independence says "government should derive its just powers from the consent of the governed." A True Democracy at work!



Today's economic conditions are having an impact on all of us. Many families are finding it difficult to make ends meet, and some are even facing the prospect of home foreclosure. This website is designed to link you to the many resources available to Kane County homeowners, Please don't hesitate to contact the agencies listed for more information.

www.countyofkane.org/Pages/hfh.aspx Find links to the following and more:

Illinois Foreclosure Prevention Network Residential Foreclosure Mediation Program HUD Consumer Website Illinois Attorney General Help for Homeowners Illinois Department on Aging Prairie State Legal Services Housing Rehabilitation Program Home Improvement Exemption Senior Citizen Exemption

Strengthening People — Building Community

TriCity Family Services offers family based counseling for children, teens, adults, and seniors for many of the issues faced throughout the family life-cycle. In addition, they provide a variety of service options to meet specific needs, including individual, couples, and family counseling; case management; psychiatric services; and urgent assessments.

The organization is committed to providing compassionate and confidential services that empower individuals and promote family wellness.

Children & Teens Counseling:

Anger Management & Family Conflict Anxiety, Phobias & Depression Behavior & Communication Problems Crisis Intervention & Grief Eating Disorders Isolation, Loneliness & Thoughts of Suicide



1120 Randall Court, Geneva 630-232-1070 www.tricityfamilyservices.org

ADULTS & SENIORS Counseling:

Anger & Stress Management Anxiety & Phobias Communication Problems Depression & Grief Isolation & Loneliness Marital Discord & Parenting Issues Post-Divorce Conflict



These Guidelines represent the common items accepted in most recycling programs in Illinois. For greater detail on specific items or programmatic variations, reach out to your local authority.

To find out more detail, including recycling and reuse programs beyond the bin, visit countyofkane.org/recycling, or contact <u>recycle@countyofkane.org</u> or 630-208-3841. Also see the EPA online resource at <u>https://www2.illinois.gov/epa/topics/waste-management/Pages/recycling.aspx</u>

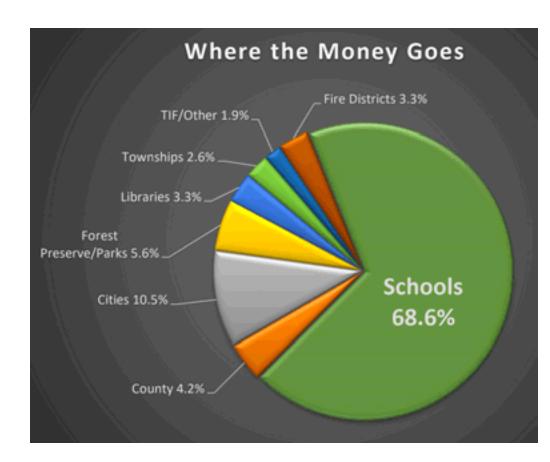


A Brief Look at Taxes in Kane County

Here is a listing of the 2019 Kane County Township ranking from highest to lowest — taking an average tax bill for \$250,000 home.

Sugar Grove Township — \$8,020 Elgin Township — \$7,953 Plato Township — \$7,896 Dundee Township — \$7,754 Burlington Township — \$7,732 Aurora Township — \$7,690 Blackberry Township — \$7,684 Kaneville Township — \$7,680 Virgil Township — \$7,666 Batavia Township — \$7,421 Geneva Township — \$7,051 Hampshire Township — \$7,002 Big Rock Township — \$6,994 St. Charles Township — \$6,755 Nearly the lowest in the county. Campton Township — \$6,729 Rutland Township - \$6,703





Why such a difference among townships?

Mostly it has to do with which taxing districts fall within each township. Since school districts take the biggest chunk of property tax revenues — an average of about 68.6 percent — that's the unit of government that's going to have the most impact on bringing your property-tax bill up or down.

St. Charles Township Road District News

Greetings from the Township Road District.

This past summer, we have completed several projects involving drainage work and culverts, road repair, edgeof-road repair, brush trimming and mowing, brush pickup program, signage on the road, truck and equipment repairs and maintenance, resurfacing and various other jobs on more than 90 miles of road.

We also provide emergency services when needed, and we are on call 24 hours a day and can be reached through the Sheriff's Office if needed after our regular office hours. Please be sure to call the Road District phone number not the Supervisor's Office if you have flooding problems, signs down, trees down, or any other emergency situation that needs immediate assistance. If the situation arises and you are in need of sand and the bags because of flooding, please call our office, and we will get them out right away to you. Remember, we can't help if we don't know you need it, so remember to call the Township Road District at 630-584-3496 in addition to calling Kane County Office of Emergency Management in the future when help is needed in emergency situations. Kane County Office of Emergency Management phone is 630-208-2050.

Steve Frohling, Highway Commissioner

In closing, I would just like to say thank you for your support and that I am looking forward to working for you, the taxpayers, for many years to come. If you have any questions or problems, please don't hesitate to call me at my office.

Homeowner's Association Information

The Township is seeking homeowner's association information for subdivisions that are in our unincorporated area. We want to keep you informed of any road improvements that may be happening in your subdivision, such as blacktopping or road closures.

Please call the Road District at 630-584-3496 to leave any info. If you call after hours, please leave a message and we'll call back if needed. Thanks in advance for all your help and to those who have already called to keep us up to date.

Monument Mailboxes...

On the road right-of-ways are illegal nor safe to the motoring public. Note that per USPS, mailboxes must not be bigger than a 4x4 post.

Please contact us (the Road District) before placing anything in the easement/right-of-way in front of your home. We are happy to help guide you.

Safety Tidbits - Township Roads

• People driving on Burr Road or Crane Road should be aware of the hidden driveways on the top and bottom of hills and around curves. Also be aware of the deer population in these areas while driving at dusk or night.

These roads are very hilly and potentially dangerous to people who travel over the speed limit of 35 mph on Crane Road and 40 mph on Burr Road.

- School Speed Limits and Work Zone Speed Limits should be strictly adhered to let the kids and road crew come home safe.
- Violations if you have a problem with speeding or parking on your street, please let the first call be to the Sheriff's department at 630-232-6840.
- Reminder: Watch your speed limit! There have been a number of complaints and the Sheriff's office is aware of this. WATCH YOUR SPEED for your safety as well as your neighbors!

Meeting Space is Available

The Donald E. Scheib Hall is available to local, not-forprofit, non-political groups and organizational meetings at nominal rates. For more information, please contact Sharon Bober at 630-584-9342.



Brush Pickup for Unincorporated Township: Not the City of St. Charles

We will *end* our brush pickup for the Unincorporated Township Roads on October 28 and will start up again next spring, probably the fourth Monday of April. We will be posting the schedule of brush pickups for the 2020 season on the website and in the spring newsletter.

Managing Your Leaves

- Mulching Leave shredded material on lawn and around trees and shrubs.
- Place shredded material in gardens or in adjacent wooded areas.
- Do not put leaves or grass for mulching in roadway or ditches. They will plug up storm drains especially in subdivisions that have curbs and will cause flooding.
- Composting Produce a valuable soil amendment for garden areas.

Bagged Collection of Leaves & Other Landscape Wastes - Please Note that local garbage companies provide this service to Township residents for a fee.

Suggestions:

- No single approach will easily handle all your leaves. Try mulching as many as you possibly can, composting some, and then maybe bag the rest for your garbage pickup.
- Always shred or chop your leaves. Chopped leaves work best for mulch, compost faster, and fill fewer yard waste bags.

"Brush Only" Burning Regulations

Kane County has a burn ordinance that prohibits the burning of "landscape waste," which means all accumulations of grass cuttings, shrubbery cuttings, leaves, flowers and weeds. Residents may, however, still burn "brush" as long as they follow the Standard Restrictions.

Standard Restrictions:

- Only on the property where the landscape brush was generated;
- Only on sunny days from 10am to 3pm;
- Not when wind exceeds 10 mph;
- Not within 20 feet of any building, structure or property line;
- Not during announced inversion conditions or ozone alerts Any burning must be supervised until the fire is

extinguished; a fire extinguisher, garden hose or water source must be available at the burning site.

Exemptions:

- Any property zoned or used for agricultural purposes.
- Burning for prairie restoration or firefighter training.
- Burning of brush for recreational fires, but the fire cannot be larger than 3 ft. x 3 ft. x 3 ft.
- Ceremonial fires for a scheduled public or private event. Notice must be given to the local Fire Department, and a permit obtained from the Kane County Health Department. at 630-208-3801.

Penalties:

• Any person who violates any provision shall be punished by a fine not to exceed \$100 for a first offense and a fine of \$500 for subsequent offenses.

Complaints:

• Monday through Friday, 8:30am to 4:30pm, please call the Kane County Health Department at **630-208-3801.** All other days/hours, please call the Kane County

Sheriff's Office at **630-232-6840**.

Soliciting Guidelines

Anyone soliciting in unincorporated St. Charles Township must register with the Kane County Sheriff's Office at 37W755 Route 38, St. Charles, IL. Fall Behind One Hour on Sunday, November 3. Set your clocks back.

Gain an extra hour of sleep!

In the Know ... Township History: Functions of Illinois Townships

By law, Illinois townships are charged with three basic functions: 1) general assistance for the indigent; 2) the assessment of real property for the basis of local taxation; and 3) maintenance of all roads and bridges outside federal, state, and other local jurisdiction.

Road and Bridge Maintenance

Township Government maintains over 71,000 miles of roads in Illinois - a full 53 percent of all thoroughfares in the state.

Property Assessment

Townships establish the value of all real property in the township. The township assessor, in fact, is the only elected governmental official who must pass approved courses of instruction before standing for election to office.

General Assistance

Townships provide food, shelter and emergency relief for needy people until they are able to support themselves. Many townships in Illinois operate food banks that guarantee the necessities of life for children.

Other Services

Beyond the three mandated services, Township Government provides other vital services to the people next door. This may include senior citizens programs, youth programs, assistance to the disabled, parks and recreational facilities, health services and cemetery maintenance. In this regard, township government serves its neighbors from the cradle to the grave.

Your Help Is Needed

The Road District works continuously to provide the best, most efficient service to you using the most costefficient methods at our disposal.

We are a small staff serving a wide geographic area consisting of a diversified economic and land-use group. What may work well in one area, may not work in others, and we understand that. We always try to be as accommodating to all Township residents as possible.

As the resident, homeowner, or entrepreneur, you are the one most affected by positives and negatives in your neighborhoods. You, too, know when conditions change and need attention. Please communicate your concerns to us for prompt attention.

Snow Plowing:

Please move cars off the street when you hear the forecast predicting a snowfall. Do not clean your driveway into the street. It presents hazardous conditions to motorists and is against the law. See *No Snow, Please* ... in this issue.

Trees and Lawns:

Newly seeded grass, sod, or newly planted trees need to be watered so please help us by watering them.

Safety First:

Please watch for construction signs and construction crews working on a project. Slow down and be careful.



The Road District will be picking up Christmas trees discarded by residents in the **unincorporated** areas of the Township during the week immediately following the New Year.

The trees will be shredded in the Township's chipping machine so **please remove all tinsel, lights and ornaments.** Please call 630-584-3496 to arrange a pick-up and have your tree along (not in) the roadside.

IMPORTANT INFORMATION BEFORE Digging, Building, Planting in Road Right-of-Way



The road right-of-way is the area usually 33' feet from the center of the road (some roads vary). That area (33' feet from the center of the road) belongs to the Road District. You must get permission from the Highway Commissioner to do anything in that easement area. Boulders, underground fencing and sprinkler systems must be kept out of the road right-of-way. Stay in your property line when installing these things.

Also, MONUMENT MAILBOXES on road right-of-ways are illegal and not safe to the motoring public. Mailboxes must not be bigger than a 4x4 post per Post Office Regulations. When these regulations are not followed properly and things are built or planted in the road right-of-way, it cost the taxpayer because the township is forced to pay legal fees to have these situation remedied. Contact the Road District before putting anything in the easement (right-ofway) in front of your house.



Know What's Below!

Call: 800-892-0123 or Click: www.illinoistcall.com

REMEMBER TO CALL J.U.L.I.E. BEFORE YOU DIG **UNLESS YOU HAVE A CONTRACTOR DOING THE WORK AND THEN THEY ARE TO CALL IT IN!**

Please do not dig without marks unless utility has indicated there are no facilities in the dig area. For more info about J.U.L.I.E. visit them online at www.illinois1call.com.

Winter weather will soon be here. Please buckle up and drive safely throughout the season.

We will make every effort to keep your streets clear and safe for you. We will also have it done for you in a timely manner. But, we can only do that with your cooperation, by not parking your vehicle along the roadways until after they have been plowed and widened. We have been having a problem with parents parking by school bus pickups. Remember, we can't plow if cars are parked on the road. Please be considerate of our plows and move if our trucks are in the vicinity trying to plow the roads. We are doing this for you and the safety of your children.

Remember, if your mailbox is accidentally pushed over during a snowfall by one of the township snowplows only, please call the township and we will correct the situation as soon as possible. In the meantime try to place the mailbox temporarily upright so your mail will get delivered. However, we do not fix mailboxes if they are knocked over by someone backing into them, another vehicle hitting them or possibly a hired snowplow company clearing a drive and pushing the snow into your mailbox. Remember, no one knocks these mailboxes over on purpose, they are just trying to move the snow and most of the time it's the weight of the snow pushed up against an old post that causes the post to break. If the township has to replace a mailbox it will be replaced with a legal mailbox and post as required by the Postal Service not the fancy mailboxes that may have been there before.

Also, No Snow Please ...

It is illegal according to Illinois law* for any person, firm, corporation or institution, public or private, to plow or remove or cause to be plowed or removed ice or snow from any shopping center, parking lot, commercial or institutional service area or driveway or any other public or private service area or driveway and deposit such ice or snow upon a public highway or along the shoulder or edge of a public highway.

Any person, firm, corporation or institution, public or private, which violates this Section, is guilty of a petty offense.

ALSO, PLEASE REMEMBER: NO PARKING ON ANY TOWNSHIP ROADS UNTIL AFTER ALL SNOW HAS BEEN CLEARED.

*605 ILCS 5/9-130. Deposit of snow or ice upon public highway—Prohibition: Section 9-130.



Lazarus House offers emergency shelter, transitional living and homeless prevention programs to individuals from Batavia, Geneva, St. Charles and western rural Kane County. Its mission is to offer guests connected to these communities, who are homeless or in need, hope for the future by providing hospitality, food, safe shelter, and education – tools for life.

We are so fortunate to be amongst such a caring community of neighbors willing to help their neighbors in crisis. If you know someone who needs shelter, encourage them to call Lazarus House at 630-587-2144. If you are in a position to help, please consider a monetary donation and/or urgent needs items such as paper towels, bottled water or others posted on the website. For those wishing to volunteer, orientations are held on various days/times of the week to accommodate every schedule. Come hear about all the different aspects of lending a hand at Lazarus House. Without the generous support of this community, Lazarus House would not be able to continue to provide help to those in need.

Please join us to share in our "potluck style" Thanksgiving and Christmas buffets. Everyone is welcome to share in a wonderful meal and fellowship. More about events and volunteering or donating a food item/supply is available at www. lazarushouse.net.

Community Thanksgiving Feast ~ 11:30am - 2pm on Thanksgiving Day, November 28, at the Salvation Army Tri-City Corps, 1710 South 7th Ave. Dining begins at noon.

Community Christmas Brunch ~ 11:30am - 2pm on Christmas Day at 214 Walnut Street - St. Charles. Dining begins at noon.

Lazarus House cordially invites all to a very special fundraising dinner "Unmasking the Face of Homelessness" on Saturday, January 25, 2020, at the Q Center in St. Charles. Enjoy social hour, auctions, mystery wine, entertainment & dancing. All proceeds will benefit Lazarus House! Sponsorships are available! For more information contact Darlene at darlener@lazarushouse.net.



Our oaks, and trees in general, improve our well-being and support a sense of community. Every individual, organization, community, park district, forest preserve, and public or private landowner or manager can play an important role in celebrating oaks and oak ecosystems across Illinois throughout the month of October — OAKtober!

Oaktober is just one of the tools used by the Morton Arboretum's Chicago Region Trees Initiative to educate the public about the value of Oak Ecosystems and what we can do to preserve and protect this important natural resource.

The following events are being hosted by the Forest Preserve District of Kane County during Oaktober

Campton Forest Preserve: 4 to 6pm • October 17 – 4N379 Town Hall Rd., Saint Charles.
 Trek with a Naturalist; Invigorating two-hour hike with a Naturalist through rolling mixed hardwood woodlands with moments of interpretation along the way

Red Oak Nature Center: 9:30 to 11am • October 20 –

2343 S. River Street, Batavia.

In Search of Giants: The Kane County Big Tree Program; A "Learn from the Experts" program that will teach participants how to appreciate, record and report the largest native trees in Kane County to be entered into the Kane County Big Tree Registry

If you would like to learn more about oak ecosystems visit the Morton Arboretum website:

http://chicagorti.org/OakResources.





Fox River & Countryside Fire Rescue District 34W500 Carl Lee Road, St. Charles, IL 60174 630-584-3473 www.frcfr.org

Rural Fire Address Signs: Can we read your address? Is your sign missing? Go online to fill out a form, then send it to us. Questions? info@frcfr.org

Tri City Health Partnership Medical and Dental Clinic Connecting a Healthy Community

630-377-9277 • https://tchpfreeclinic.org 318 Walnut Street, St. Charles Monday - Thursday: 8am - 4pm (Dental Only) Friday: 8am - 4pm

Since 2001, Tri City Health Partnership has provided quality medical care to low-income, uninsured residents of Central Kane County. We have had more than 30,000 on-site visits to thousands of residents.

Tri City Health Partnership offers patients a warm, inviting, and mutually respectful environment. We do not receive any state or federal funding, but are completely funded by grants and donations from the local community, and fundraisers. A tight-knit staff and a group of 100+ dedicated volunteers operate our clinic in St. Charles.



Tri City Health Partnership's Casino Royale! Saturday, October 12

Q Center • 1405 N. 5th Avenue • St. Charles

TCHP's 2nd Annual Casino Fundraiser is a great night of fun for a great cause! Open bar, dinner, craps, roulette, blackjack, slot machines, raffles, a live auction, a magician and so much more. Cocktail attire.

Cocktail & Registration 6pm • Dinner 7pm https://tchpfreeclinic.ejoinme.org/ casinoroyale

Home Repair Help Line • 630-375-7227

If you are on a limited or fixed income, in need of minor household repairs and can't afford to hire a commercial service contractor, help is near.

Health, safety and quality of life repairs are provided to homeowners in the Tri-City school boundary areas.

Labor is **FREE** and work is provided by a group of trustworthy volunteers experienced in plumbing, electrical, carpentry and other types of repairs. All volunteers are insured. Charges for materials will vary according to need and project. Depending on circumstances, materials may be free to low-income homeowners.

A volunteer will set up a meeting to assess your needs. Work is then scheduled based on those needs, repairs are evaluated and materials are assembled.

Home Repair services include:

- Handicap ramps Railings and grab bars
- Stairs and steps Light switches and light bulbs
- Plumbing fixtures/drains Doors and windows
- Furnace filters Shower stalls Smoke detectors

If you are a trades person and would like to volunteer or donate, meetings are held on the second Thursday, 7:30pm, at the Congregational Church of Batavia, 21 S. Batavia Ave.

Elderday Center

Providing quality life since 1990

For the past 29 years, Elderday Center has had the privilege of serving senior citizens and their caregivers from the Tri Cities while providing quality Adult Day Services for thousands of seniors, along with support and education for thousands of their caregiving spouses and family members. We specialize in dementia and age-related illness care. Our program is unique because the specialized day program promotes cognitive stimulation and socialization, which can help slow the progression of dementia, minimize depression, and increase the overall quality of life. As the only community-based not-for-profit adult day program in the Tri-Cities, Elderday Center uses evidenced-based techniques to engage senior citizens affected with these diagnoses.

The Elderday Center program offers a wide variety of services and activities in which clients can participate:

• Daily exercise

1990

- Outings
- Lively discussions of current events
- Hot lunches and two nutritious snacks
- Daily nurse monitoring
- Professional case management, and much more

Here are some of our programming activities:

Licensed Music Therapy – Music is a therapy used with a professional board certified music therapist. Evidence-based, dignified, and creative interventions to promote expression, adaptive/constructive skills, behaviors and strategies to enhance well-being.

Men's & Women's Groups – Everyone doesn't always like the same thing and we understand this. We try to incorporate our members' likes and interests to provide enjoyable experiences in sharing memories and discussions.

Pet Therapy – Animal lovers everywhere understand the effect animals have on our moods. Elderday Center is proud to offer this service. **Reminiscence Groups** – Memory and brain exercises are used to sharpen memory and slow cognitive decline. These groups have been very popular at Elderday Center.

Arts and Crafts – While many think these activities are "just fun," there is a strong therapeutic reason behind our acts and crafts program. Members are able to exercise fine motor skills which help with things like buttoning shirts or using utensils and have an opportunity for self-expression which decreases depression and increases self-worth.

Games - Every day we include a game that exercises gross motor skills such as bowling, indoor golf, bags, bocce ball etc. These games help with range of motion and improve flexibility which helps reduce fall risks.

Intergeneration & Community Programming – Elderday Center strives to help members connect with our community. We have local partnerships with Batavia Nursery School, Association for Individual Development and local assisted living facilities.

Outings – Periodically we schedule field trips in the community. In the past we have visited the Peck Farm Butterfly House, gone out to ice cream and visited the Fabyan Gardens.

If you know a senior citizen suffering from dementia, Alzheimer's, depression, or isolation and think Elderday Center might be a good fit or you'd like to learn more about the available programs, please call 630-761-9750 or visit online at **www.elderdaycenter.org**.

We are open from 8am – 5:30pm, Monday through Friday, at 328 W. Wilson Street in Batavia. 630-761-9750

RIDE IN KANE

Currently residents of unincorporated St. Charles Township are sponsored for 2 round trip rides (or 4 one way) per week for medical visits, employment,

school and to the Elderday Center in Batavia. For any questions, please call 630-584-9342.